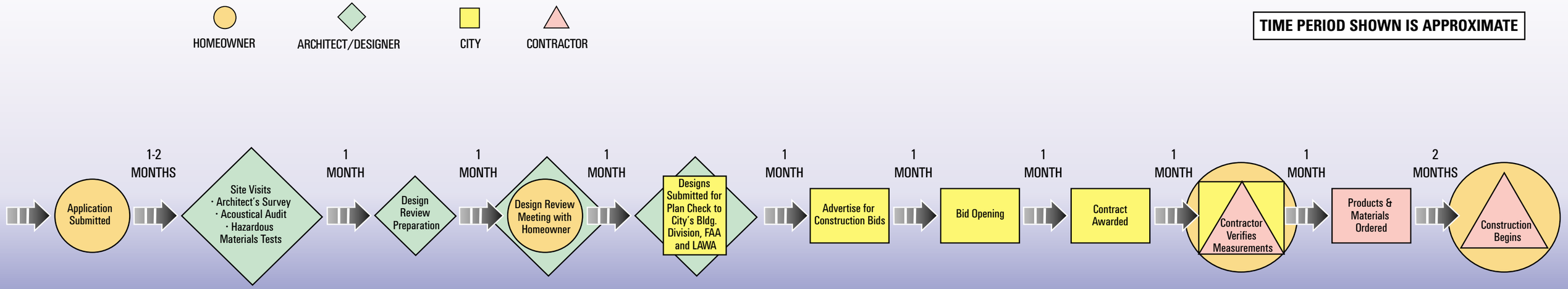Residental Sound Insulation Process